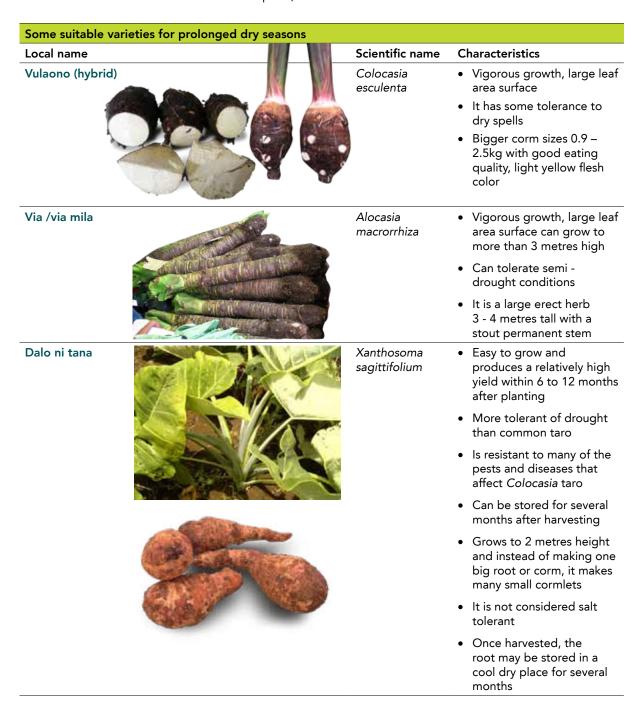


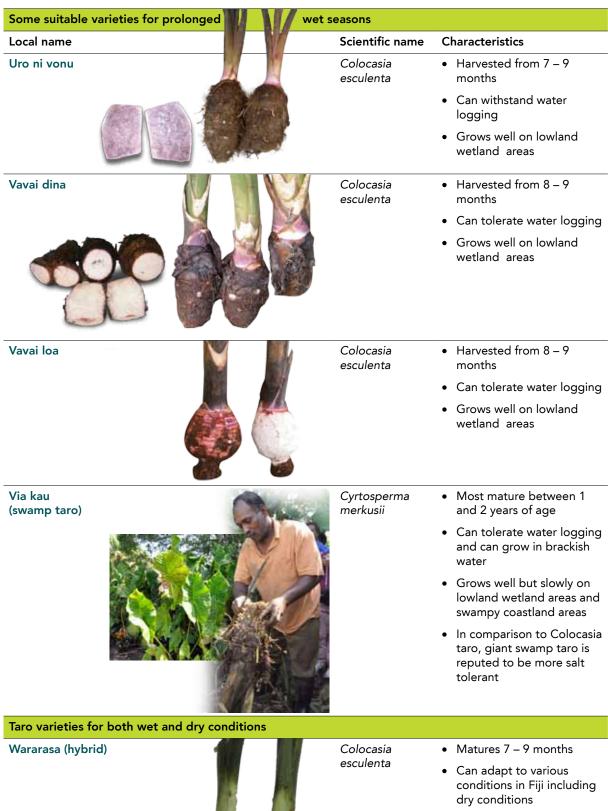
Characteristics of common root crop varieties in Fiji

1. Taro / Dalo and Tannia

The genera *Colocasia* (Taro) and *Xanthosoma* (tannia or new cocoyam) are the most important and common species in the Pacific. They play a substantial role in the food security of millions of people in the tropics. These crops are used as emergency or famine foods in times of food shortage. Some taro cultivars have extreme flood tolerance.

The starch rich corms are the main product, but the leaves can also be eaten. The taro corm has limited (approx. 2 weeks) shelf life. Most of the taro grown in Fiji is *Colocasia esculenta*. Most introduced taro varieties are susceptible to some pests and diseases including taro leaf blight, plant leaf hoppers, caterpillars and mites. In comparison, traditional taro varieties are more resilient to pests, diseases and various climatic conditions.



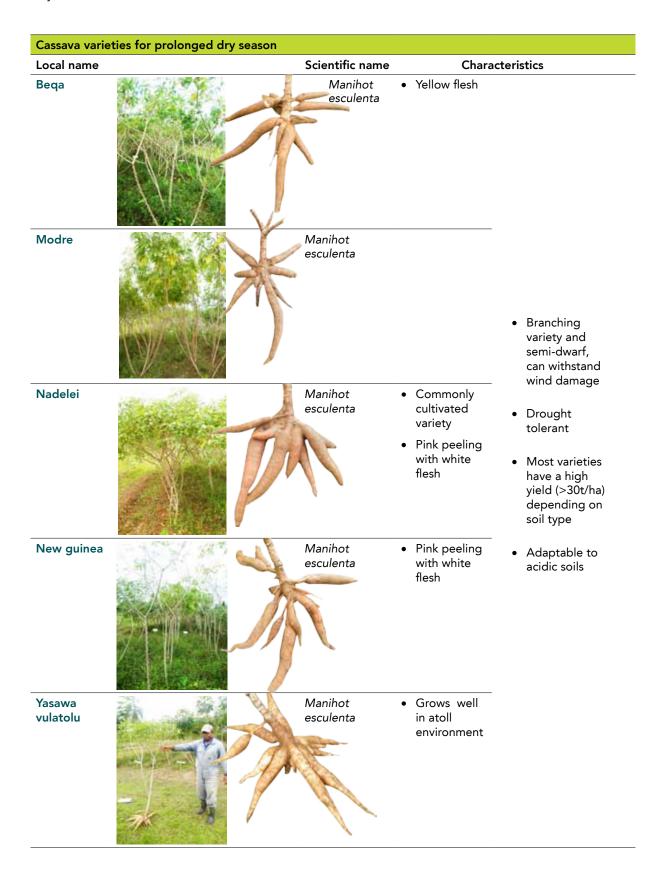


 Can tolerate waterlogging
 Is the most common cultivated taro variety



2. Cassava / Tavioka

Generally cassava can be grown throughout the year. It has low nutrient requirements and can be grown in relatively infertile soils. Most varieties can tolerate acidic soils of up to 3 - 4pH. It is often planted as a final crop in rotations prior to returning land to fallow. There is easy availability of planting materials after disasters. It has a very short shelf life.



3. Sweet potato / kumala

Sweet potato is a creeping plant. Colored kumala have nutritional benefits – the orange rich in beta carotene, and purple flesh have some anti-cancer properties. Sweet potatoes can be grown all year around, has a growing period of 15 - 17 weeks and so it can be harvested several times per year. Kumala suffers minimum damage by cyclones due to its nature of growth. Naturally kumala has some characteristics to tolerate drought conditions. Two commonly grown varieties are the spreading and erect types. Spreading types are recommended for the dry zones where as a vegetation cover it helps retain soil moisture. Erect type with branching nodes is recommended for wet zones.

| Sweet potato varieties for prolonged dry season/dry zones | | | | | | | |
|---|--------------------|---|--|--|--|--|--|
| Local name | Scientific name | Characteristics | | | | | |
| Local purple | lpomoea batatas | Is a spreading type and suitable for the dry zones | | | | | |
| | | Grows well in a variety of well- drained soil types but does not tolerate shading | | | | | |
| Papua | lpomoea batatas | Most kumala varieties are drought tolerant | | | | | |
| | Datatas | Can be harvested within 4 - 6 months. Earlier harvest can reduce the incidence of pest and disease problems. | | | | | |
| | | Resilient to cyclone damage | | | | | |
| | | High yielding (20 - 25t/ha) | | | | | |
| Sweet potato varieties for wet conditions | | | | | | | |
| Kabara | Ipomoea batatas | Erect type with branching nodes makes it suitable for wet zones Can be harvested within 4 - 6 | | | | | |
| Korolevu red | Ipomoea batatas | months. Earlier harvest can reduce the incidence of pest and disease problems. Resilient to cyclone damage High yielding (20 - 25t/ha) | | | | | |
| Sweet potato varieties for dry and wet conditions | | | | | | | |
| Carrot | Ipomoea batatas | Erect type with branching nodes Yield of 16 – 18t/ ha Can be harvested within 4 - 6 months. Earlier harvest can reduce the incidence of pest and disease problems | | | | | |
| Vulatolu | Ipomoea batatas | Semi-erect type with branching nodes and disease problems Resilient to cyclone damage | | | | | |

4. Yam / Uvi

Yams are a high value food that are easily grown and mature quickly in the right soil conditions. Unlike most other tropical root crops, yams exhibit good storage qualities and may be harvested well in advance of eating. The shelf life of tubers and planting materials is long as they can be stored for 3 – 6 months. Most varieties of yams require a minimum 6-month growing season and do not tolerate poorly drained soils or waterlogging. All cultivars observed to date are susceptible to rose beetle attack and often the leaves are badly damaged with many holes.

| Yams grow well under dry conditions | | | | | | | |
|-------------------------------------|--|------------------------|---|---|--|--|--|
| Local name | | Scientific name | Characteristics | | | | |
| Kaile (aka aerial potatoes) | | Dioscorea bulbifera | Commonly found in the wild Non – bitter type is edible | • Immature bulbils may be harvested 3 - 4 months after planting, and picking may continue for the life of the plant, | | | |
| Bulou | | Dioscorea bulbifera | | Underground tubers are normally harvested when the vine dies back, after about 15 - 24 months Grows in a wide range of soils, most varieties require long rainy seasons These varieties are wild relatives of yams Susceptible to leaf spot and nematode (Scutellonema bradys) has been reported to attack the subterranean tubers | | | |





Dioscorea alata

Vurai



Dioscorea alata



Dioscorea alata

Kivi



- Maturity is normally reached in 9 - 10 months, though some 'early' varieties can be harvested at about 6 months
- Can tolerate dry conditions to some extent
- One of the most troublesome diseases affecting this species is anthracnose
- Have longer shelf life for up to 2 - 3 months

Local name Scientific name Characteristics



Dioscorea nummularia

- Annual crops with the ability of natural regeneration
- Has a longer lifespan underground
- Resistant to yam anthracnose
- Has a long shelf life
- Good disaster and food security crop due to its resilience to yam anthracnose and adaptability (regenerates well)

Kawai



Dioscorea esculenta

- Similar to Tivoli, has a longer lifespan underground and can be continually harvested over 2 - 3 years
- Annual crop with the ability of natural regeneration
- Resistant to yam anthracnose
- Short shelf life after harvesting

Yam for both wet and dry conditions

Filipai (aka African white yam)



Dioscorea rotundata

- Vigorous growth
- Can be grown during dry season
- Adapts well to wet and dry conditions
- Resistant to yam anthracnose
- Short shelf life
- Rots very quickly when tubers are damaged or bruised
- Very good eating quality

For more information contact:

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